# **TECHNICAL TRAINING**



#### COMPETENT PERSON TRAINING: EXCAVATION AND TRENCHING

Thursday, March 21, 2018
Chelmsford Police Station
2 Olde North Road
Chelmsford, MA 01824
8:00 a.m.- 3:00 p.m.
Registration/Continental Breakfast : 7:30
a.m. Lunch Provided

(limit 4 per municipality)



### **PRESENTER**

New England Water Works
Association



#### **COURSE DESCRIPTION**



OSHA requires a competent person to perform soil analyses and determine the protective system to be used in excavations. Daily inspections are also required. Inspection personnel must be trained in the OSHA regulations. This seminar will present key trenching/excavation topics: soil analysis, protective systems (sloping, shoring, shielding), hazardous atmospheres, excavation site safety and hazard recognition.

## **Agenda**

#### 8:00-9:00 AM

- Definitions
- Surface Encumbrances
- · Underground Installations
- Access & Egress
- Exposure to Falling Loads
- Warning System for Mobile Equipment

## 9:00-9:15 AM- Break

#### 9:15-10:00 AM

- · Hazardous Atmospheres
- Protection from Hazards Associated With Water Accumulation
- Stability of Adjacent Structures
- Protection of Émployees from Loose Rock or Soil Inspections
- Fall Protection

# TRAINER

David Boone has been a member of the New England Water Works Association (NEWWA) faculty for the past five years and also serves on the University of Texas, Arlington Faculty. He has extensive experience in all facets of safety and heavy equipment operator training and is a veteran of the U.S. Navy Seabees.

David holds a wide range of professional licenses and certifications including OSHA Safety, Health, and Environmental Professional (SHEP). He also has extensive experience in training public sector professionals and extensive work experience in the construction industry.

**Ted Kenney**, Education Advisor/Special Projects Manager, will also assist in the training.

#### 10:00-10:15 AM- Break

# 10:15-11:30 AM

- Requirements for Protective Systems
   Protection of Employees in Excavations
   Design of Sloping & Benching Systems
- Design of Support Systems, Shelf Systems & Other Protective Systems
- Materials & Equipment
- Installation & Removal of Support Systems

# 11:30-12:30 PM Lunch

#### 12:30-1:30 PM

- Sloping & Benching Systems
- Shield Systems

# 1:30-1:45 PM-Break

# 1:45-3:00 PM

- Appendix A- Soil Classification

- Appendix A- Soli Classification
  Appendix B-Sloping & Benching
  Appendix C- Timber Shoring For Trenches
  Appendix D- Aluminum Hydraulic Shoring For Trenches
  Appendix E-Alternatives to Timber Shoring
  Appendix F- Selection of Protective Systems
  Polices & Procedures

- Summary/Question & Answer
- Written Assessement
- Course Evaluation/Adjourn

Attendance at this seminar qualifies the MIIA member for 1% credit under the FY19 MIIA Rewards Workers' Compensation category.