



## Confined Space Awareness

Wednesday, February 5, 2025

9:00 a.m.- 2:30 p.m.

Police station- 155 Mayflower St, Duxbury, MA 02332

Registration 8:30 a.m. light lunch provided

[Register here](#)

- An average of 100 confined space related deaths occur each year in United States workplaces.
- Do you know what a confined space is?
- Have you identified all the confined spaces in your workplaces?
- Do you have any permit-required confined spaces?
- What are the potential atmospheric hazards of your confined spaces? Physical hazards?
- Do your workers have confined space training? Is it understood? Documented?
- Will "911" provide a confined space rescue for you?



If you cannot answer one or more of the above questions, you may need confined space training. Consider this training to answer your questions.

## TOPICS OF DISCUSSION

Background and Statistics

Managing Your Safety and Health

OSHA Regulations and DLS Enforcement

Confined Space Regulations

Roles and Responsibilities

Your Confined Spaces

Permit Space Evaluation

Entry Options for Confined Spaces

Confined Space Programs

Permit System

Training Requirements

Emergency Planning – Options for Rescue

Knowledge Check

Participation at this seminar qualifies the member for 1% MIIA Rewards credit under the Workers Compensation category.

### ABOUT THE PRESENTER: KIMLEE LINDGREN



#### Kimlee Lindgren, MS, CHST

Kimlee is currently the Senior Risk Management Trainer for the Massachusetts Interlocal Insurance Association (MIIA). She has enjoyed various positions in the safety and health profession for over 43 years. Her expertise is in construction, maritime, education, insurance, and regulatory compliance. She has also been developing curriculum, and serving as an industry director and instructor for the OSHA Education Center for 33 years.