



## Heat Illness Prevention and Protection

Wednesday, June 11, 2025

9:00 a.m.- 2:30 p.m. virtual training

MIIA follows OSHA Training requirements for all virtual training. Participants must be on camera and on a separate device to receive credit for this training

[Register here](#)

Participation in this seminar qualifies the MIIA member for 1% MIIA Rewards credit under the Workers Compensation Category

### HEAT ILLNESS PREVENTION

- Background and Statistics
- Standards and Guidance
- Risk Factors
- Temperature and Humidity
- Outdoor and Indoor Exposures
- Types of Heat Illnesses
- Recognition and Treatment
- Prevention
- Water, Rest, Shade Campaign
- Resources
- Questions and Answers



#### ABOUT THE PRESENTER: KIMLEE LINDGREN

Kimlee Lindgren, MS, CHST

Kimlee is currently the Senior Risk Management Trainer for the Massachusetts Interlocal Insurance Association (MIIA). She has enjoyed various positions in the safety and health profession for over 43 years. Her expertise is in construction, maritime, education, insurance, and regulatory compliance. She has also been developing curriculum, and serving as an industry director and instructor for the OSHA Education Center for 33 years.

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