



# Heat Illness Prevention and Protection

Thursday, June 12, 2025

9:00 a.m.- 2:30 p.m.

Reading Public Library (Conference Room A & B)

64 Middlesex Ave, Reading, MA 01867

Registration 8:30 a.m. light lunch provided

[Register here](#)

Participation in this seminar qualifies the MIIA member for 1% MIIA Rewards credit under the Workers Compensation Category

## HEAT ILLNESS PREVENTION

- Background and Statistics
- Standards and Guidance
- Risk Factors
- Temperature and Humidity
- Outdoor and Indoor Exposures
- Types of Heat Illnesses
- Recognition and Treatment
- Prevention
- Water, Rest, Shade Campaign
- Resources
- Questions and Answers



### ABOUT THE PRESENTER: MEGAN SAVAGE

Megan is currently a Senior Risk Management Trainer for the Massachusetts Interlocal Insurance Association (MIIA). She has more than 20 years of environmental and occupational health and safety experience.

Formerly a town safety officer, she brings both private and public sector knowledge and experience. She is a General Industry OSHA outreach trainer, First Aid/CPR instructor, and adjunct faculty for Mass Maritime Academy.

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