



ONSITE DRIVER TRAINING

Tuesday, September 24, 2024

In Control Driver Training

10 Patriot Pkwy, Weymouth, MA 02190 (Formerly South Weymouth Naval Facility)

[\(GPS DIRECTIONS\)](#)

8:00 am- 4:00 pm

[Register here](#)

This course consists of closed course, hands-on crash prevention training, supplemented by classroom discussion. The training addresses the driving issues that most affect the safety of drivers while on the road. The inclusion of skills was developed after examining insurance and police data to find the most dangerous activities and assessing the biggest needs. All of the training is performed in our vehicles, and each hands-on drill is taught in the car one-on-one with one of In Control's highly qualified instructors.

Our hands-on training includes:

- Proper hands and seating
- Emergency braking skills (ABS)
- Backing up skills and awareness
- •Advanced steering skills, including over, understeering & speed control
- Following distance/tailgating
- Anti-cell / txt messaging / distraction experience

Emergency avoidance maneuvers

This is supplemented with classroom discussion and training that additionally addresses:

- Situational awareness and driving distractions (including cell/texting)
- Airbag awareness
- Understanding road-rage
- Vehicle assessment
- Other topics tailored to driver needs (contact In Control with specific curriculum enhancement requests)

AGENDA

Arrive at Site / Check-In

Arrive early so you don't get locked out from the airfield

Introduction/Orientation

ABS – Panic Stop

Learn what ABS means and does. Feel how it works when you accelerate to highway speed & then slam on the brakes. Learn how braking with a non-ABS-equipped car differs.

Slalom Course

Practice proper hand position while steering through a series of cones at slow speeds, and then gradually accelerate so that you can appreciate the difficulty of controlling your vehicle (even at relatively slow speeds).

Tailgating

How close is too close when following another vehicle. Get the opportunity to follow our lead car, deal with distractions and try to react quickly enough to avoid a fender bender, ambulance ride, or trip in a hearse!

Backing Up

Far fewer deaths occur in these accidents, but backing up crashes are responsible for millions of dollars in property damage every day. Learn what you can do to avoid these costly mistakes.

Emergency Lane Change

Take everything you've learned today and put it together to learn how to control your vehicle when it counts.

Close Quarters Maneuvering

Emphasis on operating in a confined space, utilizing vehicle mirrors, surrounding reference points, vehicle pivot points, and understanding vehicle size and limitations.

ABOUT IN CONTROL DRIVER TRAINING

In Control Crash Prevention, is a 501(c)(3) non-profit organization that offers closed-course, hands-on driving education designed for commercial businesses and everyday drivers of all ages. We work to elevate driving skills and knowledge through first-hand experience in emergency situations. In Control's unique Crash Prevention Training allows us to create safer drivers for safer roads.



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