



OSHA 10 TRAINING DECEMBER 27 & 28TH

**OSHA 10 TRAINING (GI)
December 27th & 28th
Dudley-Charlton Regional School District
68 Dudley-Oxford Road, Dudley, MA 01571**

Trainer:

Richard Afrikian is an authorized OSHA 10/30 Instructor for Construction and General Industry. HE has worked as a Risk Control Consultant for over 30 years including the last two for MIIA with our members to assist them with safety and best practices.

He has worked with both private and public entities nationally conducting onsite audits for OSHA compliance (Construction and General Industry) and Best practices-general safety in different industries including public entities such as cities, towns and airports. He has a passion for safety and in helping our members maintain good safety practices in all ways



**Danger
Noise
hazard**



**Ear protection
must be worn**

6 hours mandatory lectures, 4 hours electives (all time for OSHA 10 Card cannot include lunch or break time)- 10 hours OSHA lecture/activity time

AGENDA

**Thursday Day 1- December 27, 2018
8 AM- 3PM**

- Intro to OSHA- 800-9:00 am (mandatory) **1 hour**
- Electrical Safety/LOTO, 9:00am-10:00 am (Mandatory) **1 hour**
 - Break-12-15 minutes

- Walking and Working Services 10:15-11:15 (mandatory) - **1 hour**
- Exit Routes, Emergency Action, Fire Protection 11:15-12:15 (Mandatory) **1 hour**
 - **Break-Lunch- 30 minutes**
- Personal Protective Equipment (PPE)- 12:45 pm-1:45 pm (Mandatory) **1 hour**
 - Break- 12 minutes
- Employee Right to Know Haz-Com-GHS 2:00 pm-3:00 pm (Mandatory) **1 hour**
 - **End for the day- 6 hours of lecture/activity time completed 3 pm**

Friday Day 2, December 28, 2018
8:30 AM- 1:00 PM

- Machine Guarding 8am-9 am (Mandatory) **45-60 minutes**
- Bloodborne Pathogens, 9:00 am-10:00am .(Elective) 1 hour
 - break 15 minutes
- Lock Out and Tag Out 10:15am-11:15am **40-45 minutes**
- Construction/General Industry Stairways and Ladders- 11:15a-12:15pm- **1 hour**
 - Evaluation- 10 minutes- close. Other elective presentations can be presented pending time and requests such as Ergonomics and Confined Space based on time) **Presentations will include interactive discussions-questions and answers videos and PPT presentations**