

Which sweetener may cause leaky gut syndrome (diarrhea, gas, bloating)?

- Aspartame (NutraSweet, Equal)
- Sucralose (Splenda)
- Stevia (TruVia, PureVia)
- Saccharin (Sweet 'n' Low)

LEARN MORE

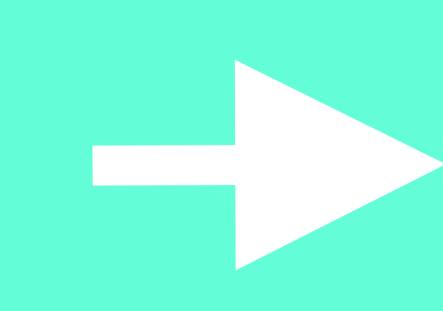


## Well Aware & Quizzify

Play the game that boosts your Health IQ ...and offers cash prizes. You'll learn:

- Which popular heartburn drugs are harmful
- Why you shouldn't you get most cavities filled
- If it is safe to dip a chip after someone has double-dipped

Complete this 5-question quiz by 8/31 for 50 chances to win a \$20 gift card





play.quizzify.com/quiz/10422