WELL AWARE



Waldorf Salad

Source: The Pioneer Woman

Ingredients

- 1/2 c. mayonnaise
- 2 Tbsp. plain yogurt
- 1 Tbsp. lemon juice, plus more to taste
- 1 tsp. honey
- 1/2 tsp. kosher salt, plus more to taste
- 1/4 tsp. ground black pepper
- 1 medium Granny Smith apple, diced
- 1 medium Honey Crisp apple, diced
- 3 ribs celery, sliced
- 1 c. red seedless grapes, cut in half
- 3/4 c. coarsely chopped toasted walnuts
- Boston bibb lettuce or butter lettuce leaves, for serving

Directions

- In a large bowl, whisk together the mayonnaise, yogurt, lemon juice, honey, salt, and pepper.
 Fold in the apples, celery, grapes, walnuts. Taste the salad for lemon juice and salt, adding more as necessary.
- 2. Serve chilled, spooned over lettuce leaves, if you like.

