WELL AWARE



Winter Wow Salad

Recipe adapted from Love & Lemons

Ingredients

- 4 cups Brussels sprouts, thinly sliced
- 1/4 cup EVOO
- 1/4 cup fresh lemon juice
- 1/2 cup pine nuts (optional)
- 1/3 cup raisins, currants or dried cranberries
- 1/3 cup grated pecorino cheese, parmesan cheese or vegan cheese
- 1/3 cup chopped chives
- Sea salt and freshly ground black pepper

Directions

- 1. Thinly slice the Brussels sprouts. Place them into a medium bowl and toss with the olive oil, lemon juice, pine nuts (if using), raisins (or currants or dried cranberries), pecorino cheese (or other cheese), chives, and pinches of Sea salt/black pepper.
- 2. Let the salad sit at room temperature for 15 minutes, then taste and adjust the seasonings.

